



Seeds of Awareness

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## FIDDLEHEADS CAMP HEALTH & SAFETY GUIDELINES

Our Fiddleheads COVID-19 Safety Policy is created to keep our staff, campers, and families safe during this time.

### A. Pre-camp screening

- Each camper will be emailed the daily screening form one week before camp begins to assure that they haven't been traveling out of the country, have not been exposed to an individual with the COVID-19 virus, or have any symptoms.
- Parents/caregivers will also be asked to sign a form that they are able to comply with Fiddleheads safety guidelines before the start of camp.
- Any camper with any exposure to COVID-19 or symptoms (cough, shortness of breath or difficulty breathing, fever or chills, muscle or body aches, headache, fatigue, sore throat, congestion or runny nose, new loss of smell and taste) will not be able to attend camp.

### B. Arrival

- Our camp counselors will greet each camper individually and will interact with only one adult at a time during drop off time. Adults waiting to drop off their child will remain 6ft from other children and adults
- Our camp counselors will complete a health intake questionnaire daily with each camper's parent if not done at home, confirming that their COVID-19 exposure, health, or travel has not changed since the initial pre-camp screening and that no symptoms are present.
- Each camper will have their temperature taken upon arrival, any camper with a temperature of 100.0 degrees will be asked to skip camp that day and not return until they are temperature free for 24 hours.
- All campers and counselors will wash hands with soap or hand sanitizer upon arrival and before snack and lunch time and before end of day pick up
- Any camper with any exposure to COVID-19 or symptoms (cough, shortness of breath, fever, chills, muscle pain, sore throat, difficulty breathing, lost sense of smell and taste) will not be able to attend camp.
- We suggest the same parent/caregiver drops off and picks up the child if possible from Fiddleheads.
- Parents/caregivers family members must wear face masks at all times upon drop off and pick up and must be enforced by staff .

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### **C. Camper Health and Safety**

- Counselors will set up a hygiene station at drop off and pick up, with sanitizing wipes, hand sanitizer, and a thermometer
- All counselors will be provided with hand sanitizer to carry with them throughout the day to use frequently amongst campers and counselors between hand washing times
- Staff will carry extra bottles of water and soap in their packs
- All campers and staff are required to thoroughly wash their hands with soap and water:
  - Upon the start of each day at camp
  - Before and after snack and lunch
  - After an “unguarded” sneeze or cough
  - After using the restroom
  - At the end of the camp day
- All campers are taught the process to sneeze into the fold of their arms
- Staff will teach campers to avoid touching their eyes, nose, and mouth; as much as possible, campers will limit physical contact and object sharing with other campers.
- Counselors will wear gloves when passing out any food for snack and wash hands prior to handling any food
- Staff will be taught the proper use, removal and washing of facial coverings.
- Equipment that can not be sanitized will not be used (i.e. soft sided toys).
- Each group will have no more than 6 children and 2-3 counselors.
- Physical distancing of 3 feet will be encouraged for all campers and counselors
- Staff will only play small group games and games that do not include physical contact.
- Counselors will work exclusively with one group per session.
- During our counselor training we will focus on healthy camper procedures and educational signage that will be reviewed daily to encourage proper cough and sneeze etiquette, hand washing and sanitizing

### **D. Staff**

- All staff will have their temperature taken upon arrival at camp and health screened daily prior to working at camp. Screening questions will continue to evolve based on CDC and health department recommendations. Regional Managers will review screenings 1x per week.
- Staff should complete a COVID-19 Incident Report if: 1) A client or staff member is suspected or has tested positive for COVID-19 after being at camp 2) When appropriate safety violations have been violated or not followed.
- If a counselor wishes to travel during the summer program, they should notify their Regional Manager.



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- We are not making the COVID-19 vaccine mandatory for our staff.

#### **E. If there is COVID-19 at Camp**

- If a child becomes ill during the camp day, they will be required to wear a face covering and isolated from the group (but still within sight) until a parent or emergency contact can retrieve them.
- If a child or staff member has symptoms of COVID-19 (cough, shortness of breath, fever, chills, muscle pain, sore throat, difficulty breathing, lost sense of smell and taste) they should be sent home, even if without a temperature and the Regional Manager should be contacted.
- If a child or staff member is diagnosed with COVID-19 or exposed, we will close camp or that group for 2 days and work with the County Department of Public Health to determine when the group can re-open.
- If a camper or staff member is considered a “primary contact” (they are not sick, but had direct contact with someone who has tested positive), Fiddleheads will ask the affected staff member to self quarantine for 14 days (or the current CDC recommendation) and the affected camper not to attend camp.
- We will notify local health officials, staff, and all families immediately of any positive case of COVID-19 while maintaining confidentiality as required by state and federal laws.
- Staff should complete a COVID-19 Incident Report